



5 unique meals you can only eat in Sri Lanka

Kotthu

A kotthu is the classic Sri Lankan fast food. A mix of roti bread with vegetables and optionally meat or seafood. Everything is stir fried using two massive blades to stir and chop it as it cooks. You'll probably hear the fast chopping of a kotthu being prepared before you can see the restaurant.

There's plenty of variations of kotthu, some add egg, cheese and it's always nicely spiced, but never too hot. A filling meal that costs very little. If you ask you might even be able to try your hand at cooking it...



Wood Apple

You'll notice bottles of rather dubious looking brown liquid mixed in with sodas in shops. If you can steel yourself to take a drink you'll discover the beautifully sweet flavour of Wood Apple, and why it's so popular.



The wood apple is only found in Sri Lanka and surrounding countries, so it's not something you're likely to have seen before. Keep an eye out for the trees, you can see the 'apples' growing, they look like a dry green/brown spheres.

